

# Traditional Community Day



Delight in a 45-minute drive into the majestic high Andes and a twenty minute walk through the patchwork fields replete with potatoes, fava beans and corn in the traditional highland community of Amaru, where a genuinely authentic way of life is still practiced to this day. Members of the community who are consciously preserving their ancestral heritage will welcome you. Through participation in a communal workday a beautiful cultural exchange unravels as you experience this incredible opportunity to step back in time and appreciate a quality of life with an admirable simplicity that is strikingly moving and profound. Enjoy a traditional lunch prepared with prized agrarian products from their fields, as the women begin to spin their naturally dyed wool. Others meditatively set up their back strap looms to share their ancestral weaving skills with us. This wonderful opportunity to purchase textiles directly from the weavers is not to be missed. Upon return to Pisac Inn in the afternoon, enjoy some time to relax and reflect on your own.

- **Duration:** 6 hours (9 am – 3 pm)
- Availability is limited; no daily schedule, not on a daily basis. Prior arrangements are absolutely required.
- **Altitude:** approximately 12,500 ft
- **Description:** Very high altitude walking, with moderate to strenuous physical exertion. Slow pace is no problem, and is facilitated!
- Not recommended for people with difficulties walking in high altitude.
- Horses are available at extra cost and prior notice.

## Prices

Travellers	Private Service (per person)
1 traveller	\$ 350
2 travellers	\$ 180
3 travellers	\$ 140
4 travellers	\$ 105
5 travellers	\$ 85
6 +	\$ 70

### What is included:

This excursion includes transportation in a private vehicle, a professional English speaking guide, an Andean specialist guide, participation in a communal workday, traditional lunch, spinning and weaving demonstration.

### What is not included:

Gratuities/tips

**Recommended:** Comfortable clothes for an open-air countryside excursion that you don't mind getting dirty. Bring layers for drastic temperature changes; be prepared for extreme sun, extreme cold and possible rain. Comfortable walking shoes are suggested; hiking boots are not necessary. Bring sunblock and sunhat, and plenty of drinking water. Be prepared for authentic cultural immersion at its height, and come with respect, honor and open mindedness as guests invited into a sacred ancestral culture.

**Special notes:** Photographs are welcome; please do not tip for photos in the community. Photos cannot be used for commercial use or for financial gain without consent of the members of the community. You can bring healthy snacks such as fruit; trail mix etc., or thoughtful gifts to share, though this is not expected. Please do not bring candy, gum, or money to give in the community. If you feel moved to make a gift that will make a difference, please ask about making a donation to support events at their Cultural Center and projects in the Apu Runawana Weaving Society.

**Bargaining:** Textiles will be exhibited offering an amazing opportunity to purchase weavings. We encourage purchasing exquisite textiles as a wonderful way of showing appreciation and support, and we

highly suggest not bargaining when purchasing these hand made, one of kind weavings. We encourage them to offer their works of art at fair trade prices that honor the time, energy and ancestral knowledge that is invested in each piece. We feel this is an opportunity for travelers to practice respect, reciprocity and solidarity with this ancient culture full of profound values and teachings preserved by them, and that enrich our lives. Each textile you acquire will be personally from the weaver, and we assure that it will carry profound meaning and will be a most special memoir of your journey in Peru.